



Umm Al-Qura University  
Faculty of Dentistry  
Vice Deanship  
for Academic Development  
& Community Service

جامعة أمالقرى  
كلية طب الأسنان  
وكالة الكلية للتطوير الأكاديمي وخدمة  
المجتمع



وحدة تطوير المناهج  
**Curriculum Development Unit**

**Kingdom of Saudi Arabia**

**The National Commission for Academic Accreditation & Assessment**

**Course Specifications  
(CS)**

|                            |                                   |            |
|----------------------------|-----------------------------------|------------|
| <b>Course Name</b>         | <b>Preclinical Periodontology</b> |            |
| <b>Course Code</b>         | 190136010                         |            |
| <b>Academic Level</b>      | 3 <sup>rd</sup> Level             |            |
| <b>Semester</b>            | 2 <sup>nd</sup>                   |            |
| <b>Study Plan No</b>       | 33                                |            |
| <b>Department</b>          | Basic & Clinical Oral Sciences    |            |
| <b>Division</b>            | Periodontology                    |            |
| <b>Academic Year</b>       | 2018-2019 AD – 1439-1440 AH       |            |
| <b>Contact hours</b>       | Theoretical                       | 3 / week   |
|                            | Practical                         | 7 / week   |
|                            | Clinical                          | Non / week |
| <b>Total Contact Hours</b> | 10 / week                         |            |
| <b>Total Credit Hours</b>  | 6.5                               |            |

## Course Specifications

**Institution:**Umm Al-Qura University **Date of Report:**2/6/2018  
**College/Department:** College of Dentistry/ Basic and Clinical Oral Sciences

### A. Course Identification and General Information

|  |   |                                  |
|--|---|----------------------------------|
| <b>1. Course title and code:</b> Preclinical Periodontology / Code:190136010   |   |                                  |
| <b>2. Credit hours:</b> 6.5 Credit hours   |   |                                  |
| <b>3. Program(s) in which the course is offered.</b><br>Bachelor Degree of Dental Medicine and Surgery (B.D.S)             |   |                                  |
| <b>4. Name of the faculty member responsible for the course:</b><br>Dr. EmanTellaProfessor of Periodontology (Coordinator) |   |                                  |
| <b>5. Level/year at which this course is offered:</b> Third year (2 <sup>nd</sup> semester)                                |   |                                  |
| <b>6. Pre-requisites for this course :</b> Successful completion of second year.   |   |                                  |
| <b>7. Location if not on the main campus:</b> Course is offered in the main campus.  |   |                                  |
| <b>8. Mode of Instruction</b>  |   |                                  |
| a.Traditional classroom  | What percentage? <input type="text" value="Yes"/> | <input type="text" value="30%"/> |
| b. Blended (traditional and online)  | <input type="text"/> What percentage?             | <input type="text"/>             |
| c. E-learning  | What percentage? <input type="text" value="Yes"/> | <input type="text" value="10%"/> |
| d. Correspondence  | What percentage? <input type="text"/>             | <input type="text"/>             |
| e.Other  | What percentage? <input type="text" value="Yes"/> | <input type="text" value="60%"/> |
| <b>Comments:</b>   |   |                                  |
| a.Traditional classroom in the form of face to face interactive lectures.  |   |                                  |
| c. e-learning using strategies of computer based assignments.  |   |                                  |
| e.Other: practical sessions training on dummies in the phantom laboratory.   |   |                                  |

## **B. Objectives**

### **1. What is the main purpose of this course?**

The main purpose of this course is to prepare each student to be able to practice the non surgical phase of periodontal therapy. Students will learn periodontal microbiology, immunology and pathogenesis as well as the clinical, histopathological and radiographic features of periodontal diseases in an integrated form. Moreover, each student should be able to perform supragingival and subgingival scaling on dummy heads in the phantom laboratory.

### **2. Plans for developing and improving the course that are being implemented.**

2.1. Constructing computer based case studies at the end of the course to enhance problem solving and critical analysis skills of the students.

2.2. Using rubrics (analytic scoring rubrics) as objective assessment tools for evaluating students' assignments and presentations.

2.3. Implementing OSPE in the practical exams.

## **C. Course Description:**

### **1. Topics to be Covered**

#### **A. Theoretical (Lectures)**

| <b>List of Topics</b>   | <b>No of hours/<br/>week</b> | <b>Contact<br/>Hours</b> |
|---|------------------------------|--------------------------|
| 1. Introduction to periodontology as well as root formation, cementum structure and function. | 3 hours/week<br>for one week | 3hours                   |
| 2. Alveolar Bone.   | 3 hours/week<br>for one week | 3hours                   |
| 3. Periodontal Ligament.  | 2 hours/week<br>for one week | 2hours                   |
| 4. Gingiva and Dentogingival Junction.  | 2 hours/week<br>for one week | 2hours                   |
| 5. Anatomic structure of the gingiva.   | 1hour/week for<br>one week   | 1hour                    |

|   |                               |                |
|---|-------------------------------|----------------|
| 6. Criteria of healthy gingiva and biological width.    | 2 hours/week<br>for one week  | 2hours         |
| 7. Criteria of diseased gingiva.                        | 1 hour/week<br>for one week   | 1 hour         |
| 8. Classification of periodontal diseases.              | 2hours/week<br>for one week   | 2hours         |
| 9. Defense mechanism of the gingiva.                    | 2hours/week<br>for one week   | 2hours         |
| 10. General principles of Microbiology                  | 3hours/week<br>for one week   | 3hours         |
| 11. Dental Plaque                                       | 1 hour/week<br>for one week   | 1hour          |
| 12. Dental Calculus                                     | 1 hour/week<br>for one week   | 1 hour         |
| 13. Other etiological factors                           | 1 hour/week<br>for one week   | 1 hour         |
| 14. General principles of Immunology                    | 2hours/week<br>for one week   | 2 hours        |
| 15. Periodontal Pathogenesis                            | 2 hours/week<br>for two weeks | 6hours         |
| 16. Transition from health to disease.                  | 1 hour/week<br>for one week   | 1 hour         |
| 17. Plaque induced gingivitis.                          | 1 hour/week<br>for one week   | 1 hour         |
| 18. Chronic Periodontitis.                              | 2 hours/week<br>for one week  | 2 hours        |
| 19. Radiographic interpretation of periodontal disease. | 2hours/week<br>for one week   | 2 hours        |
| 20. Periodontal pocket.                                 | 1 hour/week<br>for one week   | 1 hour         |
| 21. Bone loss & patterns of bone destruction.           | 2hours/week<br>for one week   | 2 hours        |
| 22. Periodontal Charting                                | 2 hours/week<br>for one week  | 2 hours        |
| 22. Genetic factors and periodontal disease             | 2hours/week<br>for one week   | 2 hours        |
| <b>Total</b>  |                               | <b>42hours</b> |

| <b>1. Topics to be Covered</b>   |                              |                          |
|--|------------------------------|--------------------------|
| <b>B. Practical ( Laboratory)</b>  |                              |                          |
| <b>List of Topics</b>  | <b>No of hours/<br/>week</b> | <b>Contact<br/>Hours</b> |
| 1. Root formation and cementum.  | 1 hour/week<br>for one week  | 1 hour                   |
| 2. Alveolar Bone.  | 1 hour/week<br>for one week  | 1 hour                   |
| 3. Periodontal Ligament.   | 1 hour/week<br>for one week  | 1 hour                   |
| 4. Gingiva and Dentogingival Junction (development of the attachment apparatus).                               | 1 hour/week<br>for one week  | 1 hour                   |
| 5. Macro anatomy of the gingiva (clinical features of healthy gingiva).  | 1 hour/week<br>for one week  | 1 hour                   |
| 6. Classification of diseases and conditions affecting the periodontium.                                       | 1 hour/week<br>for one week  | 1 hour                   |
| 7. Defense mechanisms of the gingiva (Gingival Crevicular Fluid, Saliva and Leukocytes).                       | 1 hour/week<br>for one week  | 1 hour                   |
| 8. General principles of Microbiology.   | 1 hour/week<br>for one week  | 1 hour                   |
| 9. Biofilm and periodontal microbiology.   | 1 hour/week<br>for one week  | 1 hour                   |
| 10. The role of Dental Calculus and other local predisposing factors.  | 1 hour/week<br>for one week  | 1 hour                   |
| 11. Histopathology of periodontal disease and linking pathogenesis to the clinical signs of disease.           | 2 hours/week<br>for one week | 2 hours                  |
| 12. The transition from health to disease and virulence factors of periodontopathogens.                        | 1 hour/week<br>for one week  | 1 hour                   |
| 13. Gingival inflammation and clinical features of gingivitis.   | 2 hours/week<br>for one week | 2 hours                  |
| 14. The periodontal pocket (classification and relationship of attachment loss and bone loss to pocket depth). | 1 hour/week<br>for one week  | 1 hour                   |

|   |                              |                 |
|---|------------------------------|-----------------|
| 15. Chronic Periodontitis.  | 2 hours/week<br>for one week | 2 hours         |
| 16. Radiographic aids in diagnosis of periodontal disease.  | 2 hours/week<br>for one week | 2 hours         |
| 17. Bone loss and patterns of bone destruction.   | 1 hour/week<br>for one week  | 1 hour          |
| 18. Periodontal Instruments.  | 5 hours/week<br>for one week | 5 hours         |
| 19. Diagnosis of periodontal disease (Learning how to record in the periodontal chart).   | 3 hours/week<br>for one week | 3 hours         |
| 20. General Principles of periodontal instrumentation.  | 4 hours/week<br>for one week | 4 hours         |
| 21. Principles of Scaling and root planing (on dummy heads in the phantom laboratory).<br>-supragingival scaling technique.<br>- subgingival scaling and root planing techniques.<br>- various approaches to instrumentation in different areas of the mouth. | 7 hours/week<br>for 7 weeks  | 49 hours        |
| 22. Instrument sharpening.  | 2 hours/week<br>for one week | 2 hours         |
| 23. Plaque biofilm control for periodontal patient (SDL).   | 7 hours/week<br>for two week | 14 hours        |
| <b>Total</b>  |                              | <b>98 hours</b> |

|  |         |          |          |           |        |             |
|--|---------|----------|----------|-----------|--------|-------------|
| 2. Course components (total contact hours and credits per semester): |         |          |          |           |        |             |
|  | Lecture | Tutorial | PBL /SDL | Practical | Other: | Total       |
| Contact Hours  | 42      |          |          | 98        |        | 140         |
| Credit Hours   | 3       |          |          | 3.5       |        | 6.5 Credits |

|  |              |
|--|--------------|
| 3. Additional private study/learning hours expected for students per week. | 7 hours/week |
|--|--------------|

#### 4. Course Learning Outcomes in NQF Domains of Learning and Alignment with Assessment Methods and Teaching Strategy

Course Learning Outcomes, Assessment Methods, and Teaching Strategy work together and are aligned. They are joined together as one, coherent, unity that collectively articulate a consistent agreement between student learning, assessment, and teaching.

The *National Qualification Framework* provides five learning domains. Course learning outcomes are required. Normally a course has should not exceed eight learning outcomes which align with one or more of the five learning domains. Some courses have one or more program learning outcomes integrated into the course learning outcomes to demonstrate program learning outcome alignment. The program learning outcome matrix map identifies which program learning outcomes are incorporated into specific courses.

On the table below are the five NQF Learning Domains, numbered in the left column.

First, insert the suitable and measurable course learning outcomes required in the appropriate learning domains. Second, insert supporting teaching strategies that fit and align with the assessment methods and intended learning outcomes. Third, insert appropriate assessment methods that accurately measure and evaluate the learning outcome. Each course learning outcome, assessment method, and teaching strategy ought to reasonably fit and flow together as an integrated learning and teaching process. Fourth, if any program learning outcomes are included in the course learning outcomes, place the @ symbol next to it.

Every course is not required to include learning outcomes from each domain.

|            | <b>NQF Learning Domains<br/>And Course Learning Outcomes</b>   | <b>Course Teaching<br/>Strategies</b>                 | <b>Course Assessment<br/>Methods</b>  |
|------------|--|---|---|
| <b>1.0</b> | <b>Knowledge</b>   |   |   |
| 1.1        | Describe the development and the normal anatomy as well as the microbiological and immunological aspects of the periodontium.    | Interactive lectures.<br>Practical sessions.          | Quiz<br>Mid semester written examination.<br>Final practical exam (OSPE).   |
| 1.2        | Identify the initiating and the local predisposing factors of periodontal disease.   | Group assignments.<br>Computer based Case discussion. | Final practical exam (OSPE).<br>Final semester written examination<br>Assessment of group assignments presentation using rubrics. |
| 1.3        | Recognize the clinical and radiographic features of periodontal disease.   |   |   |
| <b>2.0</b> | <b>Cognitive Skills</b>  |   |   |
| 2.1        | Relate the clinical features of gingivitis and chronic periodontitis with the etiological factors and histopathological changes. | Interactive lectures.<br>Practical sessions.          | Quiz<br>Mid semester written examination.<br>Final practical exam (OSPE).   |
| 2.2        | Differentiate between the clinical and the radiographic features of gingivitis and chronic periodontitis.                        | Computer based Case discussion.                       | Final semester written examination<br>Assessment of group assignments presentation using rubrics.                                 |
| <b>3.0</b> | <b>Interpersonal Skills &amp; Responsibility</b>   |   |   |
| 3.1        | Demonstrate responsibility in both scientific & professional contexts  | Group assignments                                     | Assessment of group assignments presentation using rubrics.   |
| 3.2        | Work effectively with colleagues and supervisors to complete the assigned tasks.   |   |   |
| <b>4.0</b> | <b>Communication, Information Technology, Numerical</b>  |   |   |
| 4.1        | Use information technology as a mean of communication.   | Group assignments                                     | Assessment of group assignments presentation using rubrics.   |



|            |   |                    |  |
|------------|---|--------------------|--|
| <b>5.0</b> | <b>Psychomotor</b>  |                    |  |
| 5.1        | Demonstrate the proper general principles of instrumentation as well as the principles of scaling and root planing during working on dummy heads in the phantom laboratory. | Practical sessions | - Practical exam (SRP).<br>- Final practical exam(OSPE). |

### Suggested Guidelines for Learning Outcome Verb, Assessment, and Teaching

| NQF Learning Domains                                    | Suggested Verbs  |
|---|--|
| <b>Knowledge</b>  | list, name, record, define, label, outline, state, describe, recall, memorize, reproduce, recognize, record, tell, write   |
|   | estimate, explain, summarize, write, compare, contrast, diagram, subdivide, differentiate, criticize, calculate, analyze, compose, develop, create, prepare, reconstruct, reorganize, summarize, explain, predict, justify, rate, evaluate, plan, design, measure, judge, justify, interpret, appraise |
| <b>Interpersonal Skills &amp; Responsibility</b>        | demonstrate, judge, choose, illustrate, modify, show, use, appraise, evaluate, justify, analyze, question, and write   |
| <b>Communication, Information Technology, Numerical</b> | demonstrate, calculate, illustrate, interpret, research, question, operate, appraise, evaluate, assess, and criticize  |
| <b>Psychomotor</b>                                      | demonstrate, show, illustrate, perform, dramatize, employ, manipulate, operate, prepare, produce, draw, diagram, examine, construct, assemble, experiment, and reconstruct   |

Suggested **verbs not to use** when writing measurable and assessable learning outcomes are as follows:

Consider    Maximize    Continue    Review    Ensure    Enlarge    Understand  
Maintain Reflect    Examine    Strengthen    Explore    Encourage    Deepen

Some of these verbs can be used if tied to specific actions or quantification.

Suggested assessment methods and teaching strategies are:

According to research and best practices, multiple and continuous assessment methods are required to verify student learning. Current trends incorporate a wide range of rubric assessment tools; including web-based student performance systems that apply rubrics, benchmarks, KPIs, and analysis. Rubrics are especially helpful for qualitative evaluation. Differentiated assessment strategies include: exams, portfolios, long and short essays, log books, analytical reports, individual and group presentations, posters, journals, case studies, lab manuals, video analysis, group reports, lab reports, debates, speeches, learning logs, peer evaluations, self-evaluations, videos, graphs, dramatic performances, tables, demonstrations, graphic organizers, discussion forums, interviews, learning contracts, antidotal notes, artwork, KWL charts, and concept mapping.

Differentiated teaching strategies should be selected to align with the curriculum taught, the needs of students, and the intended learning outcomes. Teaching methods include: lecture, debate, small group work, whole group and small group discussion, research activities, lab demonstrations, projects, debates, role playing, case studies, guest speakers, memorization, humor, individual presentation, brainstorming, and a wide variety of hands-on student learning activities.

## 5. Schedule of Assessment Tasks for Students during the Semester

|   | Assessment task (e.g. essay, test, group project, examination, speech, oral presentation, etc.) | Week Due           | Proportion to Total Assessment |
|---|---|--------------------|--------------------------------|
| 1 | Quiz  | Week seven         | 5%                             |
| 2 | Mid semester written examination (MCQs, EMQs and Short Answer Questions)                        | Week eleven        | 15%                            |
| 3 | E-learning (SDL and Oral presentation)  | Week six and seven | 10%                            |
| 4 | Practical Scaling exam on dummy heads in the phantom laboratory.                                | Eleven & twelve    | 20%                            |
| 5 | Final practical exam (OSPE).  | Week thirteen      | 30%                            |
| 6 | Final written exam (MCQs, EMQs and Short Answer Questions)                                      | Week Fourteen      | 20%                            |
|   | Total   |                    | 100%                           |

### D. Student Academic Counseling and support

1. Arrangements for availability of faculty and teaching staff for individual student consultations and academic advice.

Every faculty and teaching staff is available for at least 4hours/week according to the working schedule shown in the course outline (syllabus).

### E. Learning Resources

#### 1. List Required Textbooks

- 1.1. Antonio Nancy. Ten Cate Oral Histology, development and structure and function, 7<sup>th</sup> ed. Mosby Co., St Louis; 2007.
- 1.2. Berkovitz BKB, Maxham B Jand Holland G R. Berkovitz oral anatomy, histology and embryology. 4<sup>th</sup> ed. Mosby Elsever; 2009.
- 1.3. Newman, Takei, Klokkevold, and Carranza. Clinical Periodontology Expert Consult: Text with Continually Updated Online Reference. 12<sup>th</sup> ed., Saunders (W.B.) Co Ltd; 2015.

|   |
|---|
| <p>1.4. Edith M &amp; Klaus H Rateitschak, Wolf and HassellThieme. Color Atlas of Dental Medicine: Periodontology 3<sup>rd</sup> ed., Stratton Corp;2005.</p> <p>1.5. White SC and M J Pharoah. Oral Radiology Principles and interpretation, 6<sup>th</sup> ed., Mosby ELSEVIER; 2009.</p> <p>1.6. Lindhe J. Clinical Periodontology and Implant Dentistry, 6<sup>th</sup> ed., Blackwell Publishing; 2015.</p>  |
| <p><b>2. List Essential References Materials (Journals, Reports, etc.)</b></p> <p>2.1. Periodontology 2000.</p> <p>2.2. Journal of Periodontology.</p>  |
| <p><b>3. List Recommended Textbooks and Reference Material (Journals, Reports, etc)</b></p> <p>3.1. Journal of Clinical Periodontology.</p> <p>3.2. Journal of Periodontal Research.</p> <p>3.3. JoenI Haring and Laura Jansen. Dental Radiography: Principles and Techniques, 3<sup>rd</sup> ed., WB Saunders;2006.</p> <p>3.4. Eric Whaites, Harcut: Essentials of Dental radiography and radiology, 4<sup>th</sup> ed., Health Science; 2009.</p> <p>3.5. Jill S. Nield-Gehrig. Fundamentals of Periodontal Instrumentation &amp; Advanced Root Instrumentation. 7<sup>th</sup> ed., Lippincott Williams &amp; Wilkins;2012.</p> |
| <p><b>4. List Electronic Materials (eg. Web Sites, Social Media, smart board.etc.)</b></p> <p>4.1. American Academy of Periodontology. "<a href="http://www.perio.org/">http://www.perio.org/</a>".</p> <p>4.2. British Society of Periodontology. "<a href="http://www.bsperio.org.uk/">http://www.bsperio.org.uk/</a>".</p> <p>4.3. Smart Board.</p>  |
| <p>5. Other learning materials: Models - light microscopes and H&amp;E slides.</p>  |

## F. Facilities Required

|   |
|---|
| <p>Indicate requirements for the course including size of classrooms and laboratories (i.e. number of seats in classrooms and laboratories, extent of computer access etc.)</p>   |
| <p>1. Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)</p> <p><b>1.1. Classrooms:</b> Each teaching classroom in the faculty is large enough to accommodate 60 students at one time and it includes enough number of comfortable seats arranged in rows with spaces between them. These classrooms are supplied with audiovisual equipment, data show, a large screen, screen pointers.</p> <p><b>1.2. Laboratories:</b> these are supplied with wide study benches, specimens, data show, large screens,</p> |

good lighting sources and other equipments needed for training of the students.

Dental Models mounted on phantom heads to simulate real patients and allow practicing examination and scaling.

2. Computing resources (AV, data show, Smart Board, software, etc.)

All students have the opportunity to use computer with internet access in a comfortable place.

3. Other resources (specify, e.g. if specific laboratory equipment is required, list requirements or attach list) Transparent Models and models for periodontal disease.

## G. Course Evaluation and Improvement Processes

1. Strategies for Obtaining **Student Feedback** on Effectiveness of Teaching:

1.1. A course evaluation questionnaire is designed to assess the effectiveness of the course regarding objectives, teaching facilities, instructor, assessment process and resources. It is distributed to all the students at the end of the course, data is analyzed, interpreted and discussed by the course director or committee in order to issue an improvement plan for any difficulties facing the students.

1.2. Focus group discussion with the students to validate the questionnaire results.

2 Other Strategies for Evaluation of Teaching by the Program/Department Instructor

2.1. A course evaluation questionnaire is designed to assess the effectiveness of the course. It is distributed to instructors who participated in teaching the course at the end of the semester, data is analyzed, interpreted and discussed by the course director or committee.

2.2. An annual course report is compiled by the course director or committee in light of the results of students performance as well the results of the course evaluation questionnaire by students.

3 Processes for Improvement of Teaching: Workshop for staff development

4. Processes for Verifying Standards of Student Achievement (e.g. check marking by an independent member teaching staff of a sample of student work, periodic exchange and remarking of tests or a sample of assignments with staff at another institution)

- 4.1. Double checking of the students answers by two raters or evaluators.
- 4.2. External examiners recruitment is helpful for verifying students' performance.

5. Describe the planning arrangements for periodically reviewing course effectiveness and planning for improvement.

Recruitment of external peer reviews to review teaching material for students and to suggest any improvements.

### Faculty or Teaching Staff:

| Faculty or Teaching Staff  | Post   |
|----------------------------|--|
| Dr. Hala Ahmed Abuel-Ela   | Head of Periodontology Division                    |
| Dr .EmanAbd El-SattarTella | Professorof Periodontology<br>(Course Coordinator) |
| Dr .Alaa Mustafa Atia      | Associate Professor of Periodontology              |
| Dr .Salwa al Dahlawi       | Assistant Professor of Periodontology              |
| Dr. Ahmed Dardir           | Assistant Professorof Periodontology               |
| Dr. Dania el angary        | Lecturerof Periodontology                          |
| Dr Ehab Azeb               | Assistant Professorof Periodontology               |
| Dr.Khaled Al-Ashiry        | Professor of Oral Radiology                        |
| Dr. Huda Fansa             | Assistant Professor of Oral Biology                |
| Dr. EbtessamKamel          | Professor of Microbiology                          |
| Dr. Sherif Said            | Assistant Professor of Oral Biology                |
| Dr.Abdel RahmanSabry       | Assist. Prof. of Microbiology                      |

**Date Report Completed:**

**Received by:** \_\_\_\_\_

**Head of Department of Basic & Clinical Oral Sciences**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_